

NAME: _____

2026 JHC LUNCH MENU from the S. Woodstock Country Store

Monday, June 22 – Saturday, 27, 2026

PLEASE CIRCLE ONE (1) MEAL OPTION EACH DAY AND EMAIL TO Jill@gmhainc.org

\$20.00/day payable to “GMHA” (cash, check, or CC accepted)

MONDAY - JUNE 22ND

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Pesto Chicken Salad Wrap- Pesto Chicken Salad, lettuce, tomato, in a Wrap

Fresh baked oatmeal cookie

TUESDAY – JUNE 23RD

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Roast Beef sandwich- Slices Roast beef, cheddar cheese, lettuce, tomato, garlic mayo on hearty white bread

Fresh baked heath bar cookie

WEDNESDAY – JUNE 24TH

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Ham and Swiss bread -sliced ham, Swiss cheese, lettuce, mustard on a heart white bread

Fresh baked chocolate chip cookie

THURSDAY – JUNE 25TH

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Chicken Caesar Salad Wrap – chicken breast, lettuce, parmesan cheese, house made croutons, house made Caesar dressing.

Fresh Baked oatmeal raisin cookie

FRIDAY – JUNE 26TH

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Egg Salad Sandwich- fresh egg salad, lettuce, tomato, cheddar cheese, on hearty white bread

Fresh Baked heath bar cookie

SATURDAY – JUNE 27TH

Garden salad - lettuce, tomato, cucumber, red onion, & your choice of dressing & topping (circle):

Cheddar cheese, Boiled egg, Tofu, or meat from this day’s wrap or sandwich

Peanut Butter and Jelly- classic peanut butter and jelly on hearty white bread

Turkey BLT wrap – sliced turkey, Bacon, lettuce, Tomato, pesto Plain mayo

Fresh baked Chocolate chip cookie

SUNDAY – JUNE 28TH

PIZZA – Rammunto’s Plain cheese or pepperoni

Gluten Free pizza available

Dressing options are: Balsamic or Ranch

Gluten Free Bread available upon request (\$5 additional per day)

PLEASE RETURN SELECTIONS TO JILL at Jill@gmhainc.org by June 10, 2026